

Hotel ROMA



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Via Mascagni, 10
43039 Salsomaggiore Terme (PR), Italy
Tel. +39 0524 573371 / 573024
Fax +39 0524 573432
e-Mail: info@hotelromasalsomaggiore.it

Sport

In this section we propose interesting solutions for sport lovers, in particular we present some **cycle routes** through the beautiful landscapes near Salsomaggiore Terme, and interesting proposals for **golf** lovers.

Contact us for a personalized estimate for your journey in group or singularly!

CYCLE ROUTES near Salsomaggiore Terme



Our Hotel offers 8 different routes, snacks upon return to hotel and the possibility of thermal treatments.

And besides:

- laundromat with return of the clothes in 24 hours;
- garage and free parking of the bicycles;
- small bicycle repair shop;
- trained bicycle companion;
- discount at local bicycle shop;
- medical assistance;
- maps of the routes with technical indications;
- a soft bathrobe.

RED Route - 17.5 Kms

From Salsomaggiore you come to the Strada Statale 359 towards Fidenza, turning to the right in direction of Parma at the junction with the Strada Provinciale for Tabiano and going up to Tabiano Spa. From Tabiano carry on towards Salsomaggiore following a slight slope of 2.2 Kms for 100 meters difference in level.

GREEN Route - 23.7 Kms

From Salsomaggiore take the Strada Provinciale towards Fidenza then to the crossroad for Parma. At the crossroad with the provincial road turn in direction of Tabiano Bagni, carrying on to the crossroad for Siccomonte. From here you go uphill in an irregular way for 7.5 Kms till you get to Tabiano Castello which is 300 above sea level and then go down to Tabiano Bagni and carry on towards Salsomaggiore on a slight slope of 2.2 Kms for 100 meters difference in level.

ORANGE Route - 34.9 Kms

Salsomaggiore, take the provincial road to Fidenza to the crossroad with the road for Parma. Get to the crossroad with the provincial road for Tabiano Bagni, turn to the left to the first crossing where you will turn to the right carrying on to S. Margherita, then turn to the right passing along Pieve di Cusignano and Banzola to the crossroad at the foot of two slopes keep the right towards S. Vittore.

BLUE Route - 48.1 Kms

From Salsomaggiore take the Strada Statale 359 towards Fidenza. After 7 Kms, at the crossroad turn right and carry on to the crossroad to Tabiano Bagni. Then turn left and after 1 Km turn right towards S. Margherita. In the hamlet at the crossroad, go straight on towards Borghetto. Follow two bends going downhill keeping the left side and go into the road towards the polveriera (powder magazine) of Noceto. Once you passed them turn to the right towards the Lago Tana (Tana lake) and turn left towards the crossroad for S. Tomato. From here turn right and go straight on to Varano Marchesi. Once you got and passed the hamlet, turn right for Case Mezzadri. Here you will go uphill in an irregular way through a pretty steep slope with windings which tends to become smoother on approaching the peak. You will go downhill for about 3.5 Kms and straight on towards S. Vittore and from here downhill to Salsomaggiore.

MAGENTA Route - 72 Kms

From Salsomaggiore take the Strada Statale 359 towards Fidenza to the crossroad. Then turn right and follow the road till getting to the next crossroad for Tabiano Bagni. From here turn left and after 1 Km turn right for S. Margherita. At the crossing in the hamlet you carry on straight on towards Borghetto. Follow two bends while going downhill on the left side and go into the road towards the polveriera (powder magazine) of Noceto. Once you passed them turn to the right towards the Lago Tana (Tana lake) and turn left towards the crossroad for S. Tomato then turn right and follow the road to the crossroad for Varano Marchesi and then turn left. After 300 meters you come to the provincial road for Fornovo Taro, turn right and carry on passing along Medesano, Felegara, Ramiola following the road straight towards Varano De Melegari. Once you got and passed the hamlet turn right towards Pellegrino P.se getting into a long slope towards Monte Salso and from here go downhill to Pellegrino P.se. Once you get in the hamlet turn right towards the pass of S. Antonio (Mille Pini) where you will go uphill for about 5 Kms till getting to the top. Go downhill for as many kilometres to the crossroad for Grotta; keep the right that crosses Contignaco Piè di Via to get to Salsomaggiore through Via Milano.

AZURE Route - 33.5 Kms

From Salsomaggiore you get to Scipione Castello and go down to Scipione Ponte and turn left towards Pellegrino P.se till getting to the crossroad for Vigoleno. Turn right and go uphill to the Castle; go downhill to the crossroad for Vernasca at the bottom of the valley turning to the right in direction Via Emilia. At the Castelnuovo Fogliani crossroad turn right and once passed the hamlet carry on to Scipione Ponte. From here the road leads back to Salsomaggiore.

BROWN Route - 38.9 Kms

From Salsomaggiore reach Scipione Castello. Go downhill towards Scipione Ponte and turn left towards Pellegrino P.se. In the hamlet turn left towards the pass of S. Antonio and from here going uphill for about 5 kms reach the peak. Go downhill for as many kilometres till you get to the crossroad for Grotta and keeping the right you get to Contignaco Piè di Via and on to Salsomaggiore.

YELLOW Route - 60.5 Kms

From Salsomaggiore reach Scipione Castello. Go downhill towards Scipione Ponte and turn left towards Pellegrino P.se and on to the crossroad for Vigoleno. Turn right and go uphill to the Castle and then downhill to the crossroad of the bottom of the valley for Vernasca. Turn left towards Vernasca and then in the hamlet follow the road towards Luneto. At the crossroad turn left towards Pellegrino P.se and from here to the hamlet the road goes downhill. Once you get to the village turn left towards the pass of S. Antonio and from here go uphill for about 5 kms to the peak. Go downhill for as many kilometres till getting to the crossroad for Grotta. Keeping the right hand side you get to Contignaco Piè di Via and on to Salsomaggiore.

GOLF in Salsomaggiore Terme



Package 4 days (3 nights)

- bed & breakfast in double room
- 3 green fees, the first and last day at Salsomaggiore Golf & Country Club, and the remaining at your own choice in the following golf fields

Package 7 days (6 nights)

- bed & breakfast in double room
- 6 green fees, the first and last day at Salsomaggiore Golf & Country Club, and the remaining at your own choice in the following golf fields

GOLF FIELDS

Meters			Meters				
Hole	M	W	Par	Hole	M	W	Par
1	308	262	4	10	200	168	3
2	162	136	3	11	365	341	4
3	295	265	4	12	341	301	4
4	358	339	4	13	124	104	3
5	335	305	4	14	479	410	5
6	445	398	5	15	296	260	4
7	120	101	3	16	315	282	4
8	294	249	4	17	496	446	5
9	441	379	5	18	357	315	4
Out	2748	2436	36	In	2975	2627	36

Salsomaggiore Golf & Country Club
(distance: 5 Kms)

Meters			Meters				
Hole	M	W	Par	Hole	M	W	Par
1	445	401	5	10	325	278	4
2	383	348	4	11	171	131	3
3	203	177	3	12	475	430	5
4	436	384	5	13	436	385	4
5	118	102	3	14	458	397	5
6	404	362	4	15	366	325	4
7	116	96	3	16	454	375	5
8	299	255	4	17	209	189	3
9	441	381	5	18	313	275	4
Out	2845	2506	36	In	3207	2785	37

Golf Club Castell'Arquato
(distance: 15 Kms)

Meters			Meters				
Hole	M	W	Par	Hole	M	W	Par
1	400	356	4	10	392	337	4
2	365	310	4	11	304	265	4
3	395	351	4	12	465	413	5
4	485	424	5	13	332	284	4
5	135	107	3	14	359	291	4
6	338	317	4	15	172	156	3
7	496	445	5	16	396	366	4
8	398	323	4	17	151	136	3
9	165	136	3	18	289	283	4
Out	3177	2768	36	In	3289	2531	35

La Rocca Golf Club
(distance: 35 Kms)

Meters			Meters				
Hole	M	W	Par	Hole	M	W	Par
1	409	362	4	10	171	143	3
2	372	322	4	11	410	358	4
3	335	294	4	12	371	334	4
4	315	267	4	13	450	420	5
5	195	149	3	14	295	270	4
6	460	423	5	15	308	270	4
7	145	125	3	16	149	145	3
8	351	319	4	17	460	442	5
9	502	432	5	18	347	316	4
Out	3084	2693	36	In	2981	2708	36

Coara Country Club
(distance: 40 Kms)

Meters			Meters				
Hole	M	W	Par	Hole	M	W	Par
1	337	275	4	10	331	306	4
2	394	343	4	11	460	414	5
3	398	356	4	12	172	128	3
4	187	156	3	13	425	372	4
5	334	286	4	14	407	354	4
6	323	281	4	15	173	150	3
7	440	373	5	16	376	318	4
8	540	490	5	17	307	267	4
9	159	139	3	18	468	408	5
Out	3112	2699	36	In	3119	2817	36

Golf Club Matilde di Canossa
(distance: 65 Kms)

Meters			Meters				
Hole	M	W	Par	Hole	M	W	Par
1	388	344	4	10	509	450	5
2	401	358	4	11	142	119	3
3	179	155	3	12	386	336	4
4	501	451	5	13	534	490	5
5	350	318	4	14	328	287	4
6	149	125	3	15	200	167	3
7	461	409	5	16	390	340	4
8	311	262	4	17	146	123	3
9	339	348	4	18	478	423	5
Out	3139	2770	36	In	3113	2735	36

Modena Golf & Country Club
(distance: 90 Kms)